



# PARENTING SERIES

LIBRARIES OF SMITHFIELD • SMITHFIELD SCHOOL DEPARTMENT • SMITHFIELD POLICE DEPARTMENT

## Sleep and Development:

## Looking at Sleep as Children Grow



Wednesday, February 29<sup>th</sup>, 2012 • 7:00-8:30 PM • Smithfield High School

A special presentation by:

Dr. Mary Carskadon, *E.P. Bradley Hospital Sleep and Chronobiology Research Lab*

### Welcome

The Smithfield Public Schools, the Libraries of Smithfield, and the Smithfield Police Department have collaborated to provide the Smithfield community the first in a series of parenting skills workshops and seminars designed to help develop healthy habits and cultivate pro-social behavior in our children and students.

### Who should attend?

Parents, teachers, grandparents, and/or adult caregivers of children from preschool through grade 12.

### How do I sign up?

**There is no cost to attend this event**, but since light refreshments will be served - if you are interested in attending - we only ask that you please r.s.v.p. via email to [parenting-series@smithfieldri.com](mailto:parenting-series@smithfieldri.com) so that we have an approximate headcount.

If communication assistance (readers/interpreters/captions) or any other accommodation to ensure equal participation is needed, please contact the Smithfield Town Manager's office at 401-233-1010 at least forty-eight (48) hours prior to the meeting.

Check us out on the web at:

<http://www.smithfieldri.com/parenting-series.htm>



Questions? Send us an email:

[parenting-series@smithfieldri.com](mailto:parenting-series@smithfieldri.com)